Harvest Week
NOVEMBER 1-5, 2022

APPLE TASTE TEST
Tue., Nov. 1
11 a.m. - 1 p.m.
Well-Being Center Patio
Learn about the role food plays in your immunity and taste a variety of local apples!

POPCORN BAR
Wed., Nov. 2
11:30 a.m.-2 p.m.
Heilman Dining Center
Grab a bag of popcorn and top it with a variety of toppings from Sauer’s, an RVA seasonings company!

COOKING BASICS: BAKING WITH APPLES
Wed., Nov. 2 at 6 p.m.
Fri., Nov. 5 at Noon
Demonstration Kitchen
Well-Being Center
Register online at dining.richmond.edu.

MEET GREENSWELL GROWERS
Thu., Nov. 3 from 4-6 p.m.
Heilman Dining Center
Learn about this local indoor growing business that provides UR with sustainable, pesticide-free lettuces.

FALL HARVEST HOMECOMING DINNER
Thu., Nov. 3
4-8 p.m.
Heilman Dining Center
Enjoy a celebration of all things apples from roasted apple pizza, to cider plus a menu of Southern favorites like BBQ, ribs, and mac n' cheese, and a special salad featuring Greenswell lettuce.

Organic Krush
Pumpkin Spice Smoothie $11.00+

Passport Cafe
Chai Spiced Cider $3.75
Apple Scone or Apple Fritter Muffin $3.19

Tyler’s
Chicken Pot Pie Bowl $8.59
Orchard Harvest Salad $9.89

Eight Fifteen at Boatwright
Spider Cider $3.55
Caramel Apple Chai $4.80+

The Cellar
Fall Harvest Salad $8.99
Apple Cider Milkshake $5.79

ETC
Local Apple Cider Greenswell Lettuce $3.79

Follow us on Instagram @URDINING for a chance to win a Harvest Snack Pack from ETC!