University of Richmond 2024 Spider Dash 5k Course

This is a new course! The course was changed due to repairs on the Westhampton Lake bridges.

Race Start: 8 a.m.

Waves: 2 waves for runners: 9 min and under, 9 min. +, 1 wave for walkers, followed by strollers

Race start will close at 8:10 a.m. Participants will not be allowed to start after this time.

Course begins on the University Forum and travels up Wilton Way then onto Westhampton Way.

R on to Westhampton Way

Continue down Crenshaw Way

R onto UR Drive

L onto River Road sidewalk

L onto the EcoCorridor

WATER STOP at EcoCorridor and UR Drive

R up UR Drive, around the Business School and Law School

Down Richmond Way to Lakeview

R down Lakeview

L (hairpin turn) back down Lakeview

Continue on Richmond Way

R onto UR Drive

R up path next to the Chapel ending on the University Forum.

