### No Bake Energy Bites

**Ingredients:**
- 1 cup Old fashioned oats
- 1/2 cup Toasted shredded coconut (sweetened or unsweetened)
- 1/2 cup Creamy peanut butter
- 1/2 cup Ground flaxseed
- 1/2 cup Semisweet or vegan chocolate chips
- 1/3 cup Honey
- 1 tsp Vanilla Extract

**Instructions:**
1. Stir all ingredients together in a medium bowl until thoroughly mixed. Cover and let chill in the refrigerator for 1 hour.
2. Once chilled, roll into balls of about 1”

**Nutritional Information:** Calories 100; total fat 6g; saturated fat 2g; cholesterol 0mg, sodium 24mg; total carbohydrates 10g; dietary fiber 2g; sugar 6g; protein 2g.