

OCTOBER 30-NOVEMBER 4, 2023



LOCAL VENDOR FAIR

Wed., Nov. 1 11 a.m.-1 p.m.

Tyler Haynes Commons
Meet and sample locally grown or
produced foods from vendors who work
with Dining Services.

COOKING BASICS:

AUTUMN CHICKEN, SAUSAGE, AND APPLE BAKE

Wed., Nov. 1 at 6 p.m. Fri., Nov. 3 at Noon Demonstration Kitchen Well-Being Center Register online at dining.richmond.edu/nourish

FALL HARVEST IN HDC

Thu., Nov. 2
11 a.m.-2 p.m.
Heilman Dining Center
Enjoy a celebration of all things local
from Virginia beef to butternut squash
soup plus local honey pizza and
desserts. Look for the "We love local"
mark by each local item during this
special lunch.

Local Specials

FEATURING LOCAL INGREDIENTS & AVAILABLE ALL WEEK!

\$3.75

8:15 AT BOATWRIGHT

Spider Cider \$3.20

local cider with cinnamon syrup

add caramel drizzle \$3.65

Local Apple Cider \$2.65

Pumpkin Muffin \$3.75

THE CELLAR

Pumpkin Scone

Apple Cider Milkshake \$5.49
Harvest Salad \$8.99
with local mesclum, local apples,
local feta, and walnuts, cranberries,
and apple cider vinaigrette

Cellar Burger \$11.69
Cowboy Burger \$12.69
Both with Seven Hills beef

Margherita Pizza \$10.49 with local mozzerella

Pesto Chicken \$10.29 with local mozzerella



ETC

Apple Cider Nightingale Ice Cream Sandwich \$4.09

Honey Crisp Apples \$1.00 Don Sebastian Salsa \$7.00

LOU'S

Fall Classic Sandwich \$6.59 with honey wheat bread, local apples, Black Forest ham, cheddar cheese, and Duke's Dijon-mayo

Local Apples \$1.29

ORGANIC KRUSH

Baked goods by Two and a Half Irishmen

Pumpkin Espresso

Chocolate Chip Bread \$3.99

Double Butter

Pumpkin Bread \$3.99

PASSPORT CAFE

Chai Spiced Cider \$4.75 Pumpkin Muffin \$3.75

TYLER'S

Harvest Salad \$8.99
kale, cabbage, mixed greens,
cranberries, candied walnuts, local
Gala apples, and blue cheese crumbles,
poppy seed dressing